

At the end of the
day, remind
yourself that you
did the best you
could today, and
that is good
enough.

@tinybuddha

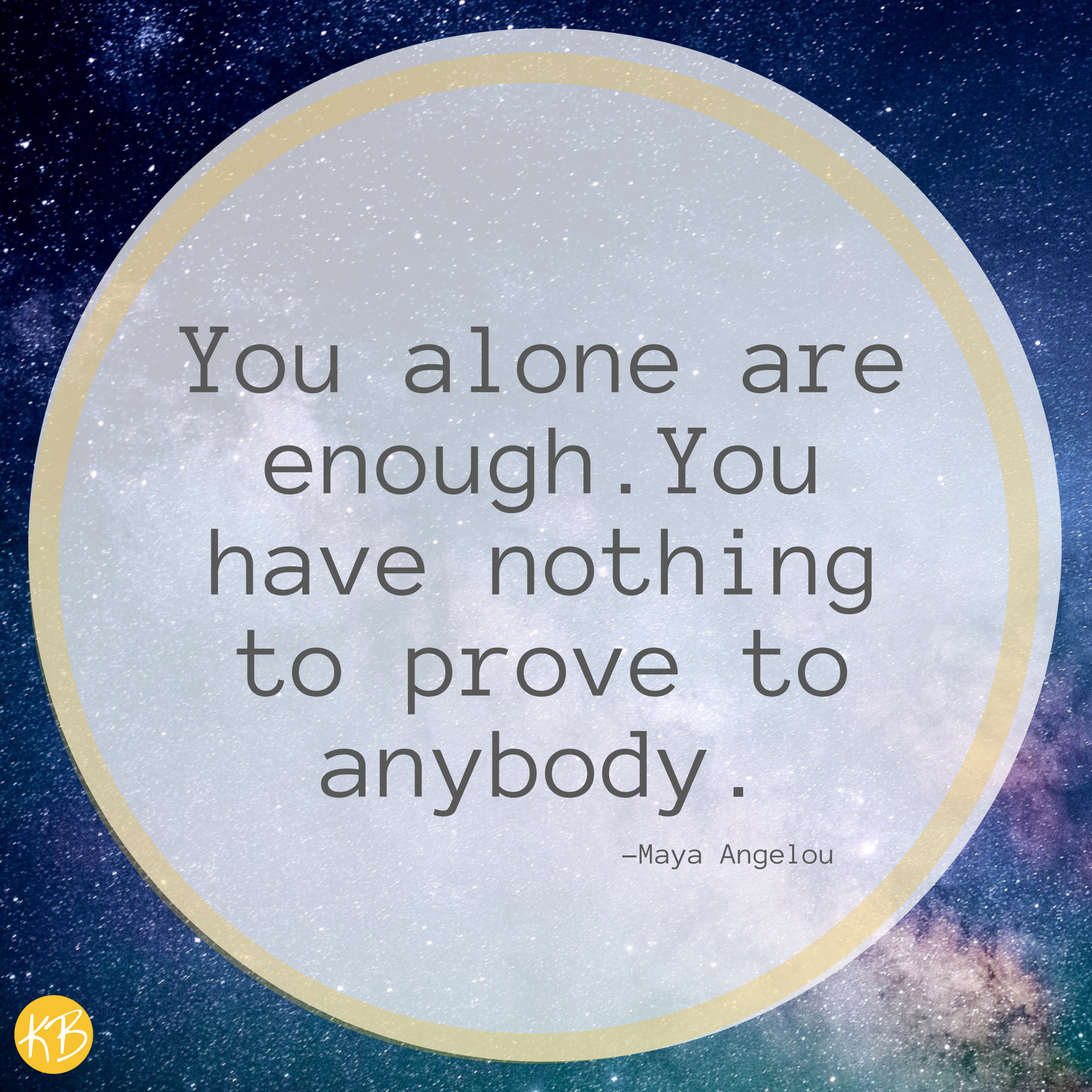




The most
beautiful
thing you can
wear is
confidence

—Blake Lively






You alone are
enough . You
have nothing
to prove to
anybody .

—Maya Angelou



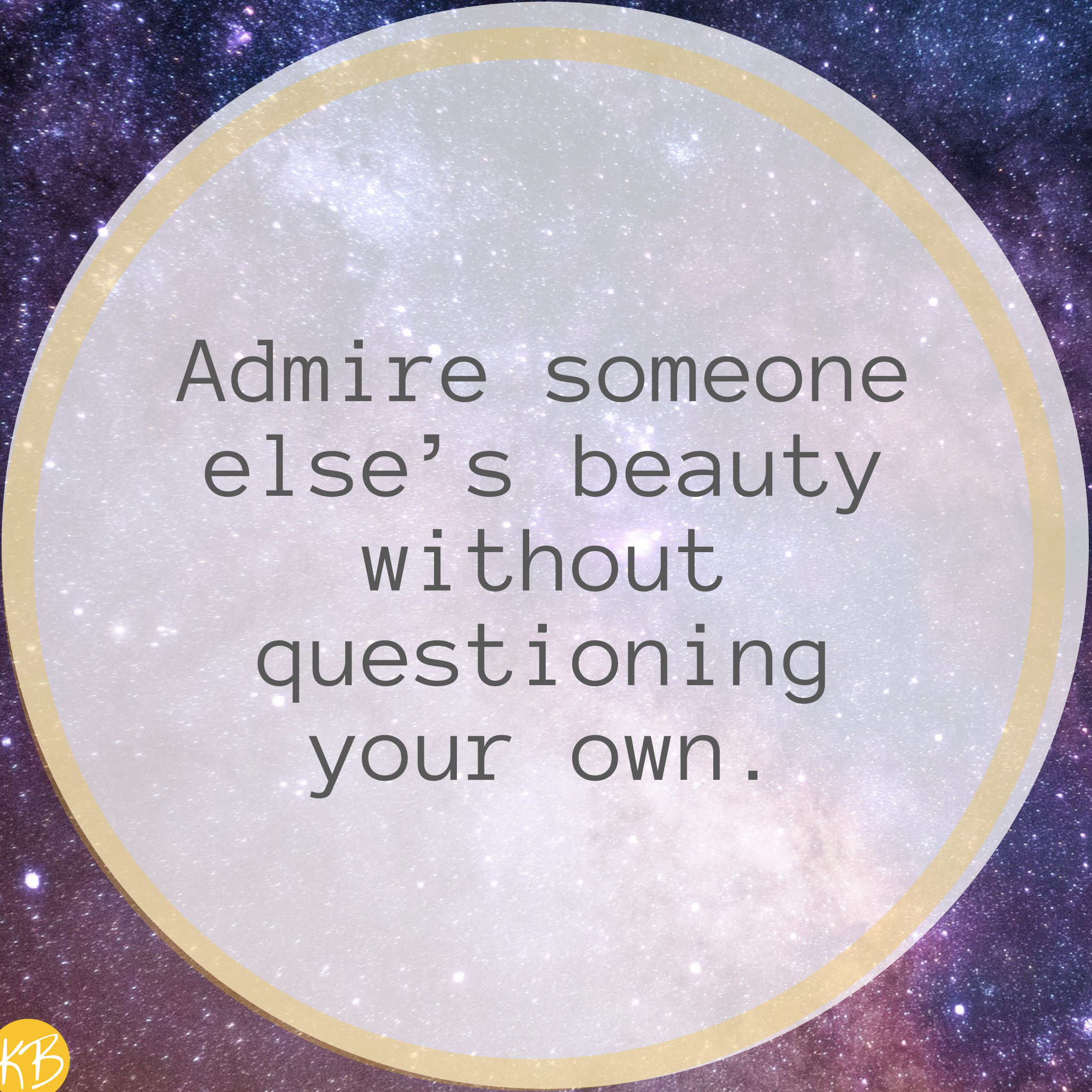


Your value doesn't
decrease based on
someone's inability to see
your worth.

Self-respect, self-worth,
and self-love all start
with self. Stop looking
outside of yourself for
your value.

—Rob Liano





Admire someone
else's beauty
without
questioning
your own.

I am a different
person to different
people.

Annoying to one.
Talented to another.

Quiet to a few.
Unknown to a lot.

But who am I,
to me?



Comparison
is the thief
of joy



It all begins and
ends in your
mind. What you
give power to,
has power over
you...if you
allow it.

Imagine if we
obsessed about
the things we
loved about
ourselves!

When a flower
doesn't bloom, you
fix the
environment in
which it grows,
not the flower.


—Alexander Den Heijer

Never stop
looking up.



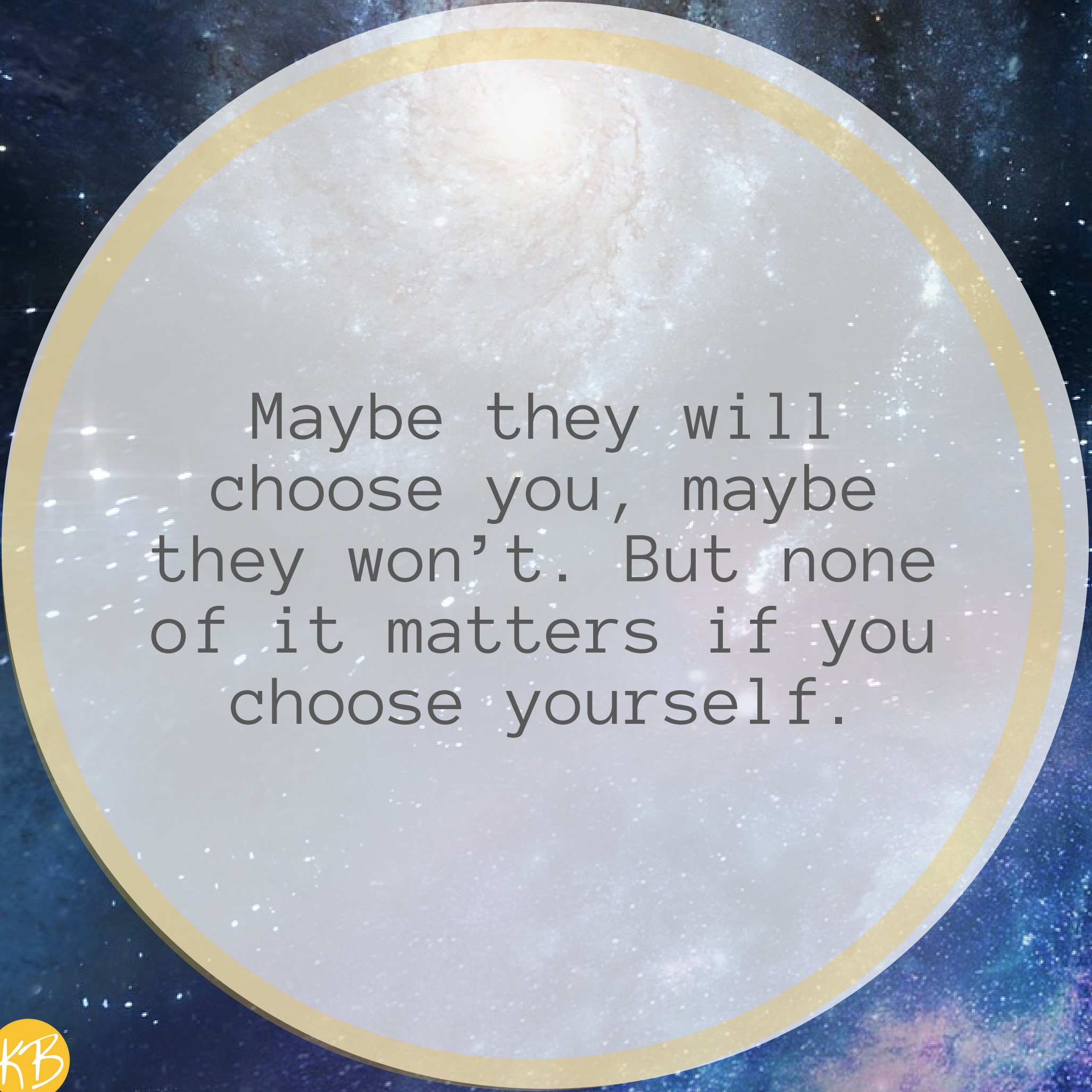
The secret of
having it all is
believing you
already do.






Give yourself
permission to be
where you are, and
to still be loved
for it.






Maybe they will
choose you, maybe
they won't. But none
of it matters if you
choose yourself.



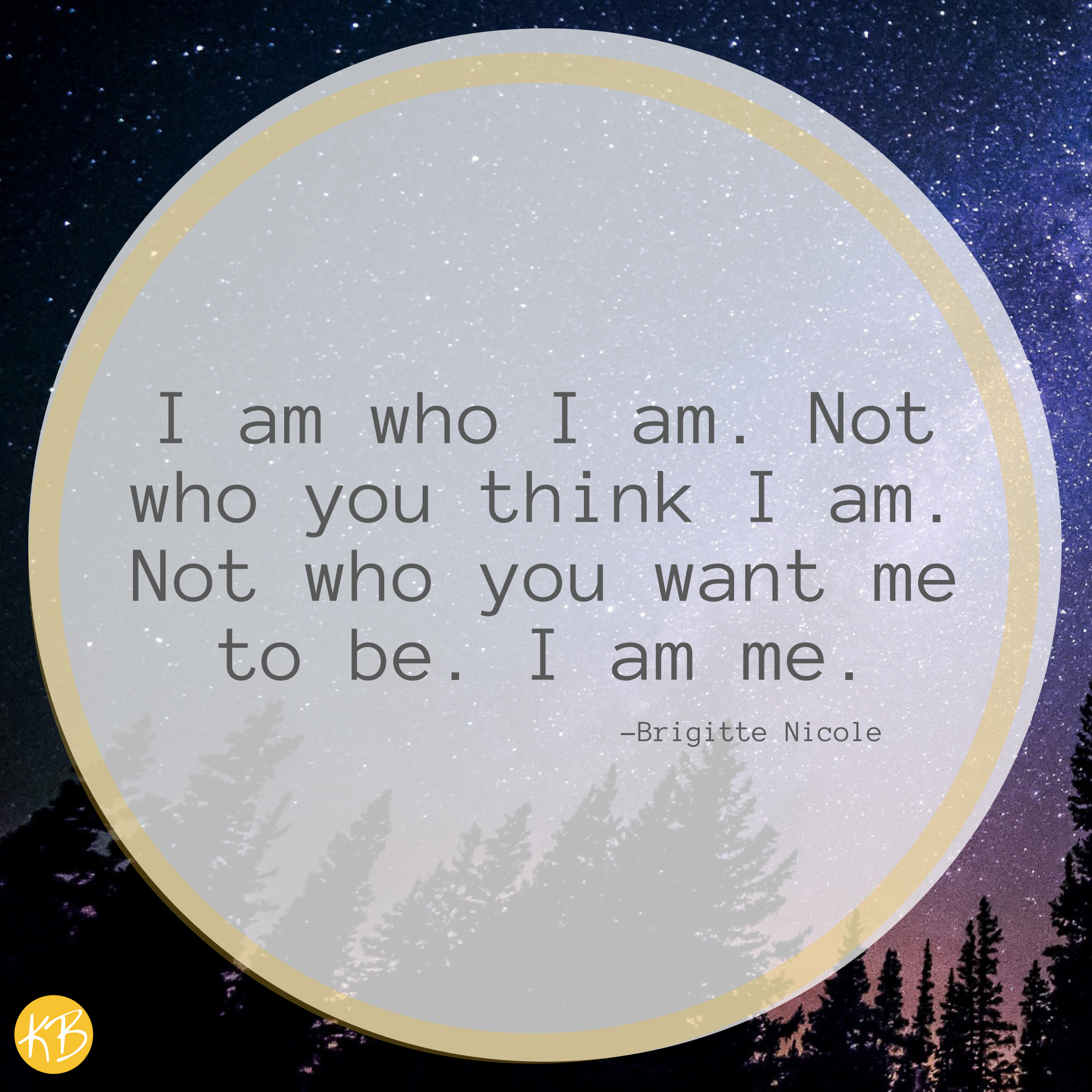
The hardest step
she ever took was
to blindly trust
who she was.

-Atticus




Decorate your own
soul, instead of
waiting for someone
to bring you
flowers.

—Veronica Shoffstall




I am who I am. Not
who you think I am.
Not who you want me
to be. I am me.

—Brigitte Nicole



A flower does not
think to compete
with the flower
next to it. It just
blooms.

—Verity Road



Remember, you have
been criticizing
yourself for years and
it hasn't worked. Try
approving of yourself
and see what happens.

—Louise Hay

I am me. I am not
willing to change for
you, or anyone else.
Take me as I am, or
watch me as I go.