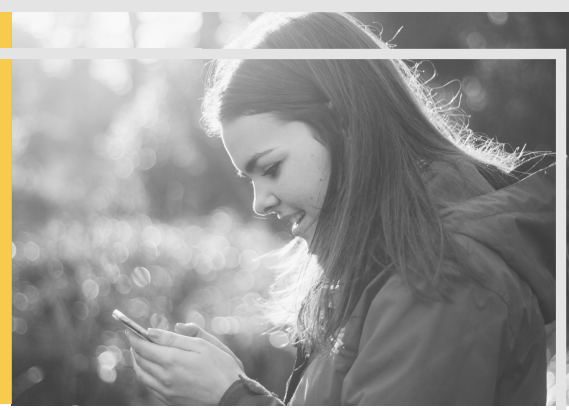# Tech-Etiquette for *teens*

We all need a reminder every once in a while about what great tech-manners look like. Here are some tips for your teen:

- Avoid taking your tech device into your bedroom at night
- Treat others the way you'd like to be treated
- Don't use tech while driving
- Turn your phone ringer down in public places
- Don't spend time on your phone when you're hanging out with friends
- Avoid having your phone on the table during mealtimes
- Turn ringer off in quiet places like the movie theatre
- Don't take pictures or videos of people without their permission
- If a call gets dropped, call the person back
- Understand that what gets written online is recorded forever
- The person in front of you takes precedence over the person on your phone
- Do not walk around while looking at your phone or texting
- Take frequent breaks from technology
- Don't interrupt a conversation to look at a device
- Avoid walking around with your phone in your hand: put it away
- Don't send any negative comments to others on social media
- Consider other forms of entertainment besides technology
- Let the other people in the room know what you're doing on your device if you are using it in front of them
- Find a "home" for your electronic devices, and leave them there when you are not using them